



### 24 Hour pH

This study is done to determine how much acid is entering your esophagus and how long that acid is staying in the esophagus.

You will be wearing a small “walk-man” type monitor, and you will have a small catheter taped to your face and running into your nose. It takes about 10-15 minutes to place the catheter for the 24 hour pH study. You may wish to consider taking this day off from work or school for aesthetic reasons. You will wear this device for 24 hours.

Before you leave that day, the hospital will give you a return time to have the catheter removed. It only takes about 2 minutes to pull out the catheter. There will not be any restrictions on what you may eat or do during the 24 hour period.

The study is uncomfortable, but it is not painful. You will be asked to stop all reflux medications 5 days prior to your procedure.

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT ON THE NIGHT BEFORE YOUR TEST!**

**Appointment Date:** \_\_\_\_\_

**Report to VMC Outpatient Admissions at** \_\_\_\_\_

**Your test is scheduled to begin at** \_\_\_\_\_