



Carolina Digestive Diseases

& ENDOSCOPY CENTER

Phillip J. Goldstein MD • Maurice Marcuard MD

Upper Endoscopy Prep

To determine your medical treatment, you have been asked to undergo a procedure called an endoscopy, which is an examination of your food pipe and stomach using a flexible tube while you are given intravenous sedation.

The night before your procedure, **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT, AND NO BREAKFAST THE MORNING OF THE PROCEDURE!**

You may take blood pressure or heart medicine with a small sip of water. Any other medications should be taken after the procedure has been done.

You will be given medication through an I.V. to make you relaxed and sleepy, to ensure that the procedure is well tolerated.

Following the exam, you will be kept in our recovery area for about 30 minutes. A nurse will be taking your blood pressure and checking you frequently.

Due to the sedation you receive, **YOU WILL NEED TO HAVE SOMEONE WITH YOU TO DRIVE!**

You may feel a minor sore throat after the procedure or during the next day.

APPOINTMENT DATE: _____

LOCATION: _____

ARRIVAL TIME: _____

Your procedure is scheduled to begin between _____

Please feel free to call the office if you have any questions or concerns!

*****A \$250 fee is applied for any cancellations, reschedules or no shows made within
48 business hours of appointment time*****

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